



**ENTRIES CLOSE
Monday 4th April**

TREC Isle of Man

**TREC POR Practice Ride
Sunday 10th April 2022
St Johns "Dust Bowl" Car Park (Behind Tynwald Inn)**

**This is a POR (Orienteering) Practice Ride. Everyone is welcome!
Come and have a go!
This is a practice POR - ideal for newcomers who want to give it a go
for the first time or those who want to have a bit of a refresher
before the next full competition in May.**

Enquiries: Jo Ralston 07624 466535

Email: joralston@gmail.com

Entries to: Jo Ralston (For postal entries please email Jo first to confirm address)

Visit our web site www.treciom.com

For general information on TREC GB visit www.trecgb.com

Entries will be limited and close Monday 4th April or earlier if full.

Late entries will be accepted at the discretion of the organiser and may be subject to a surcharge. Please enter early as places will be limited. In the event the competition is full, a waiting list will be kept.

**AS THIS IS A PRACTICE RIDE THERE WILL BE NO ROSETTES OR PRIZES.
"RESULTS/SCORES" WILL BE POSTED ON THE WEBSITE AFTER THE EVENT SO THAT
YOU CAN GET AN IDEA OF YOUR SCORING.**

**Please keep the parking area tidy, and remove any horse muck & excess
hay etc – Thank you**

Equine Flu Requirements: TREC GB requires that all events, including training & camps, involving equines should insist that vaccinations are up to date (12-month cycle) and passports are checked before horses are unloaded. Horses that have had their annual vaccination or a booster, within the last six days of the event should not be allowed to compete. For unvaccinated horses to be able to compete, a new programme takes a minimum of 28 days.

1. The 12-month cycle means that a horse's vaccinations should be dated on or within 365 days (twelve months), for each year recorded on the passport, after the initial cycle of three injections were originally completed. For example, a horse vaccinated on 15th March one year needs to be vaccinated on or before 15th March the following year. This also applies in leap years.
2. Horses with several years of annual booster vaccinations can have gaps in their record provided that:
 - a) The first two primary injections were administered correctly before 1st January 2016. (2nd injection between 21-92 days after the 1st injection).
 - b) All annual boosters since 1st January 2016 are within time.

Your horse can be registered on the TREC GB central register by sending a copy of the full vaccination record and horse registration details from the passport to admin@trecgb.com. Alternatively, your horse will be registered by the Entries Secretary for this event, please include a copy of the vaccination certificate and horse registration details when sending your completed entry in. Please email Jo Ralston joralston@gmail.com if you have any vaccination queries.

For more information visit our website www.trecgb.com / www.treciom.com

Classes:

- Class 1 Level 1 Individual POR route approx 15 kms
- Class 2 Level 1 Pairs
- Class 3 Level 2 Individual POR route approx 15 kms (With a more technical route)
- Class 4 Level 2 Pairs

Riders who are under the age of 14 must ride in the pairs classes, with a pair who is over 18 on the day of the competition

Parents/guardians of competitors under the age of 18 on the day of the competition will be required to complete a Parental Consent Form

Entry fees (per rider):	TREC IOM & TREC GB members	Non members
All classes	£15	£20 (including day membership)

Non member entry fees include day membership to *TREC Isle of Man*

Non members – why not join *TREC Isle of Man* and save.... Membership form available at www.treciom.com

All entries must be in writing and accompanied by the correct entry fee. All classes are subject to sufficient entries and the organisers reserve the right to cancel or amalgamate classes as necessary. Entries are on a strictly first come basis, enter early to avoid disappointment.

Entry closing dates and refunds/withdrawals

Entries close on **Monday 4th April 2022** Withdrawals up to this date will receive a full refund.

Any refunds for withdrawals after the closing date will be entirely at the discretion of the organiser.

Start times and directions

These will be available *on the club website* www.treciom.com on Thursday 7th April 2022

What is TREC?

TREC is a fun riding event usually comprising three phases. The competition involves the skills and situations a rider might encounter on a hack, including map reading (using Ordnance Survey maps usually 1:25 000 scale)

For more information about TREC, please visit the TREC GB website <http://trecgb.com/>

Rules

All entrants must agree to comply with the TREC GB Rules as per the 5th edition TREC GB rulebook (plus subsequent amendments), which can be found at <https://trecgb.com/rules/>

In addition, pay particular attention to the following:

- 1) Horses must be a minimum of four years old to enter. Mares more than four months pregnant may not compete.
- 2) The welfare of horses competing in British TREC competitions is paramount. No horse may compete if it is unsound or unfit to carry the rider for any reason. Any rider who continues on a horse that they know to be unsound or that has been definitively stopped by the veterinary surgeon or designated competent official on fitness and/ or welfare grounds will be eliminated from the competition.
- 3) Riders under the age of fourteen on day of the event may only compete in Pairs classes and must be accompanied by a rider of **18 years or older**. Pairs ride together for POR and separately for the MA and PTV. [Parents/guardians of competitors under the age of 18 on the day of the competition will be required to complete a Parental Consent Form](#)
- 4) All riders competing must be members of either TREC Isle of Man, TREC GB or a club affiliated to TREC GB. Non members will pay an additional £5 to become members of TREC Isle of Man for the duration of the event.
- 5) Clearly visible coloured tail wraps/ribbons should be worn to advise other riders of a potential hazard – Red = kicker, Green = young/inexperienced horse, Blue = stallion. If the horse/pony is a stallion then stallion discs must also be worn on both sides of the bridle.

It is your responsibility to familiarise yourself with the basic rules. The TREC GB Rulebook (5th edition 1 February 2019 and the changes to it) can be found on the TREC GB website, <https://trecgb.com/rules/>

REQUIRED EQUIPMENT

Tack and equipment will be checked. The following should be carried on the POR phase.

Compulsory Equipment - Riders will not be permitted to start the POR without carrying ALL the items on this list:

- Approved protective hard hat complying with current standards (listed in Appendix 2). Where rider wears a different hat for different phases, all hats must be presented for inspection at the equipment check.
- Head collar, lead rope or combination bridle. Note – a headcollar and leadrope will not be required for led obstacles on the PTV unless the horse wears a running martingale which cannot be unclipped to allow the reins to be taken over the horse's head.
- Medical armband
- Horse ID with rider number and emergency phone number
- First aid kit for both equine and human *. The main purpose of the first aid kit is to help stop blood loss and it therefore must include: ● at least 5 sterile swabs ● 1 pair of round-ended scissors ● 1 elastic bandage, around 10cm wide ● 1 disinfectant or antiseptic solution.
- Torch suitable for riding after dusk
- Whistle *
- Fluorescent / reflective high-viz clothing. The minimum requirement is clearly visible fluorescent strips on the area of the rider's torso.
- Compulsory for Levels 3 and 4, recommended for Levels 1 and 2 For shod horses, emergency farrier's tools suitable for the removal of shoe and nails and (for all horses) correctly sized hoof-boot or similar.
- Emergency telephone numbers and grid reference of known point (supplied by the organisers)

POR Additional Equipment (for all riders) Failure to have these items incurs a 2 point penalty for each item up to a maximum of 10 penalty points:

- Compass
- Hoof pick
- Pens (for map marking – ideally two colours, permanent ink with thin nibs, red and fluorescent orange are popular for route marking and black or blue for notes)
- Waterproofs
- Mobile phone (sealed for Levels 2, 3 and 4 only, but always sealed when capable of acting as GPS)

Recommended Equipment

- Map case
- Saddlebag or suitable alternative
- Drink and snack
- Digital watch or stopwatch

HEALTH AND SAFETY

The event manager/organiser will take all reasonable precautions to ensure the health and safety of everyone present. For these measures to be effective, everyone must take all reasonable precautions to avoid and prevent accidents occurring and must obey the instructions of the officials and stewards on the day.

Competitors are asked to safeguard valuable tack and possessions. Young children must be supervised at all times. Neither the event manager/organiser nor the land/course owners can accept responsibility for loss or injury to persons or animals howsoever caused.

TREC ISLE OF MAN

POR Practice Ride

Entry and Membership Form

10th April 2022

Class Individual / Pairs (Pairs partner
.....)

Rider's name: D.O.B:
.....

Address:
.....
.....

..... Post
code.....

Email:.....

Telephone.....

I am / am not a TREC IOM member (please circle) Membership
No.....

I am / am not a TREC GB member (please circle) Membership
No.....

Horse name:..... Horse

Age:.....

Height:..... Breed:.....
.....

All Classes	TREC IOM Members £15 Non Members £20 (includes day membership of TREC IOM)	FEE £
Total		£

I enclose a cheque for £..... **made payable to 'TREC IOM'**, for entry fees. I have read and understood the rules and agree to abide by them.

I confirm I am covered by third party insurance.

SIGNED:

If the competitor is under 16 a parent or guardian must sign. A parental consent form must also be sent for any riders under 16. The form is available on the club website www.treciom.com

Starting times and full directions will be on the www.treciom.com web site by the Thursday prior to the competition.